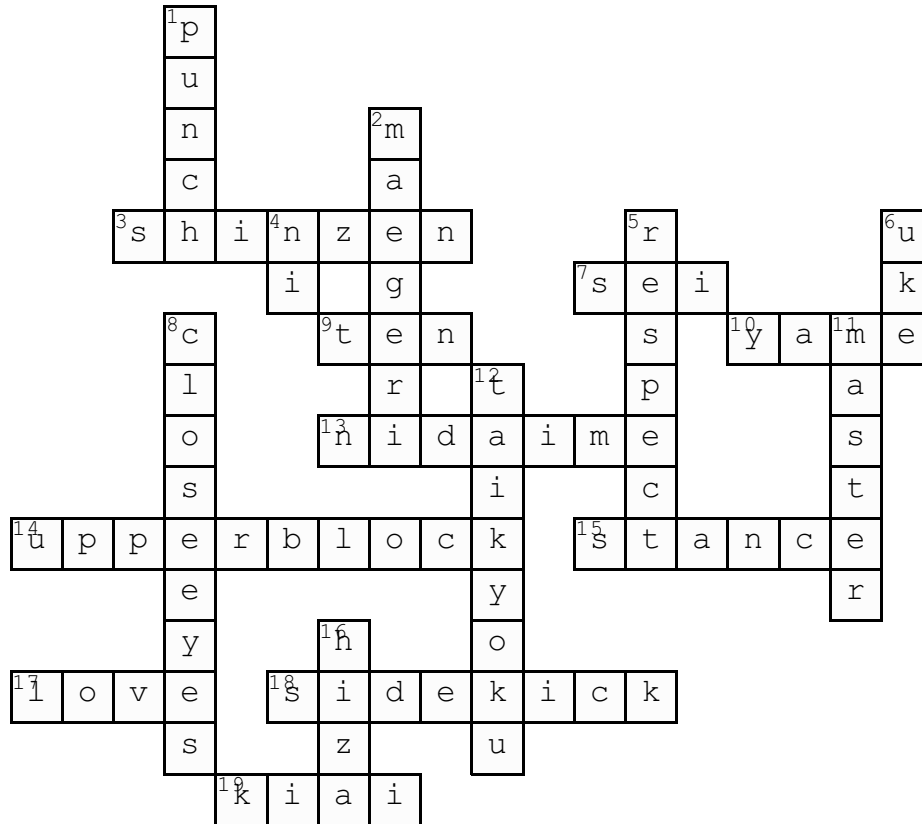


Name: _____

White Belt 1

Complete the crossword below. Hint: you can find the answers written on the "Test Your Knowledge" page.



Created with TheTeachersCorner.net [Crossword Puzzle Generator](http://www.theteacherscorner.net)

Across

- 3. symbolic centre of the dojo (**shinzen**)
- 7. truth, honesty and sincerity (**sei**)
- 9. ju (**ten**)
- 10. open eyes (**yame**)
- 13. Kaichos son (**nidaime**)
- 14. jodan uke (**upperblock**)
- 15. dachi (**stance**)
- 17. concern for the good of others (**love**)
- 18. yoko geri (**sidekick**)
- 19. shout (**kiai**)

Down

- 1. tsuki (**punch**)
- 2. roundhouse kick (**maegeri**)
- 4. two (**ni**)
- 5. One of the 3 principles of Seido karate (**respect**)
- 6. block (**uke**)
- 8. Mokuso (**closeeyes**)
- 11. Sei Shihan (**master**)
- 12. overview (**taikyoku**)
- 16. knee kick (**hiza**)