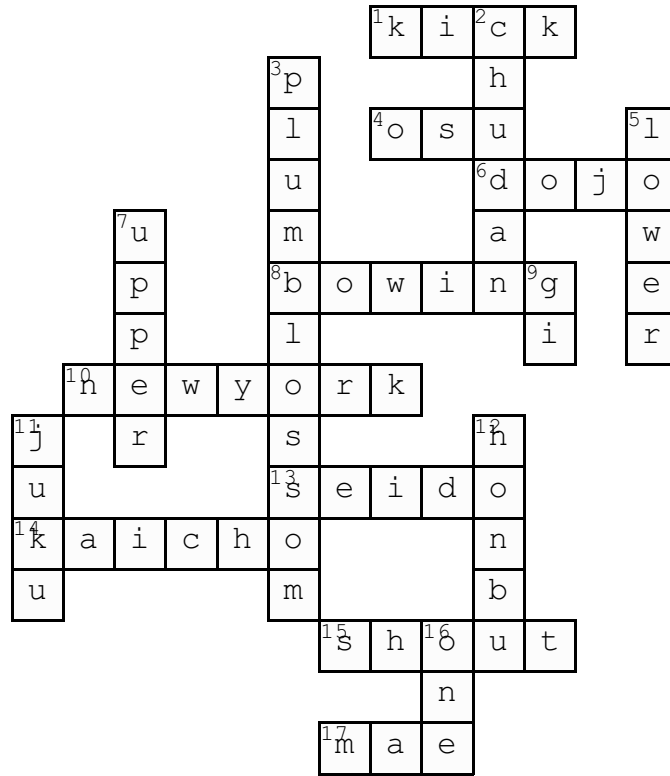


Name: \_\_\_\_\_

# Beginners 1

Complete the crossword below. Hint: you can find the answers written on the "Test Your Knowledge" page.



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## Across

1. geri (**kick**)
4. I understand, a greeting (**osu**)
6. Martial arts training hall (**dojo**)
8. a gesture of respect (**bowing**)
10. City of the headquarters of Seido karate (**newyork**)
13. our style of karate (**seido**)
14. founder of Seido Karate (person who started Seido karate) (**kaicho**)
15. kiai (**shout**)
17. front (**mae**)

## Down

2. middle (in Japanese) (**chudan**)
3. flower on the emblem of our gi (**plumblossom**)
5. gedan (**lower**)
7. jodan (**upper**)
9. karate uniform (**gi**)
11. special place, unique (**juku**)
12. Japanese name for the headquarter of Seido karate (**honbu**)
16. ichi (**one**)